

Fill the Pantry

A WGTS 91.9 Hands & Heart Project

OPERATION: FILL THE PANTRY SHOPPING LIST

- canned meats (ham, turkey, chicken, tuna, and beef)
- peanut butter
- stew and chili (canned)
- canned pasta (like Chef Boyardee)
- cereal
- fruit (canned in 100% fruit juice)
- macaroni and cheese
- beans (dried and canned)
- pasta and pasta sauce (no glass please)
- rice (1 lb. bag)
- 100% fruit juice
- vegetable oil

